



#	MEDICATION/ SUPPLEMENT	SINGLE DOSE	SERVING SIZE	FREQUENCY	TIME	REFILL DATE	NOTES	DATE STARTED	PRESCRIBING DOCTOR
е <i>х</i> .	Vitamin D	1,000 IU	1 capsule	Daily	AM/noon		Take with food	04/23/2023	Dr. Tulip
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2									
3									
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12									
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14									
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"Healing takes courage, and we all have courage, even if we have to dig a little to find it." -Tori Amos

